**Lodging House Mission – Harvest Donation Requests 2022**

Thank you for your continued support for LHM, we really appreciate it. We have put together a list of things that would be useful for us in the kitchen. Ideally, we would love fresh produce to allow us to prepare healthy and nutritious lunches for those who use our service, but we understand that this may be difficult for you. Additionally, we would welcome the card system mention in the link provided. This would allow us not to stockpile food, risking things going out of date and being wasted. It would also allow us to buy only what we need when we need it. <https://vouchers.aldi.co.uk/products/orange-voucher>

We hope that you find this list helpful when choosing something to donate. Again, thank you from all of us here at LHM, however you decide to support us.

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| **Cereal** | **Tinned Fruit** | **Tinned Meat / Fish** |
| Corn Flakes/Crunchy Nuts | Peaches | Tuna/Salmon |
| Weetabix | Pears | Corned beef |
| Rice Crispies | Pineapples | Ham |
| Sugar Puffs | Mandarins |  |
| Frosties | Fruit Cocktail | **Other** |
| Coco Pops | Rice | Brown Sauce |
| Cheerios | Custard | Vinegar |
|  |  | Tomato Sauce |
| **Jars/Pastes** | **Other** | Porridge oats |
| Pasta bake sauces | Full fat UHT milk | Dried peas |
| Curry Sauce/paste | Coconut Milk | Lentils |
| Tomato paste | Small juice cartons | Olive oil |
|  | Diluting/fresh juice | Vegetable oil |
| **Dried Goods** | Coffee | Bisto |
| Mixed herbs | Biscuits | Veg Stock cubes/ bullion |
| Garlic powder | Crisps | Broth mix |
| Ground turmeric |  | Jam |
| Chilli powder |  | Sugar |
| Crushed chillies |  | Jelly |
| Ground coriander |  |  |
| Salt and black pepper |  |  |
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**Not Required List**

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| Pasta | Shredded Wheat Cereal | Grapefruit |
| Pearl Barley | Muesli | Prunes |
| Marmalade | Alpen | Long grain rice |
| Salad Cream/Mayonnaise | Red Kidney Beans | Chickpeas |
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